

## WHO AM I ?

I am that I am  
I am the vast ocean  
I am that tiny drop  
I am that which gives life to all forms  
I am love  
I am the essence that brings forth all creation  
I am that I am  
I am within everyting and all  
deep silence and tender care  
listen to me as I whisper  
perceive me as you  
call out my name as I am all  
find me as nectar  
perceive me as root  
see me in leaves and in mountains  
breathe me as you  
love is my essence  
and love is all

Heidi Jayanti

Ho o mana mit Haleaka Jolani Pule

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